



## Inca Trail Quick Checklist

### ✓ DOCUMENTS

- Original passport (valid)
- Copy of passport (separate from original)
- Reservation confirmation
- Travel insurance
- Cash (soles and dollars)

### ✓ DAY BACKPACK

- 20-30L backpack
- Water bottle / Camelback
- Snacks
- Sunscreen SPF 50+
- Sunglasses
- Sun hat
- Waterproof jacket
- Light thermal layer
- Camera
- Toilet paper
- Medicines for the day
- Cash

### ✓ DUFFEL BAG (7kg max)

- Clothing according to list
- Hygiene items
- Headlamp + batteries
- Power bank
- Camp sandals
- Sleeping bag (if not renting)
- Ziplock bags



## ✓ CLOTHING

- Technical shirts x3
- Fleece x1-2
- Waterproof jacket x1
- Trekking pants x2
- Underwear x4
- Trekking socks x5
- Thermal beanie x1
- Gloves x1
- Buff x1

## ✓ FOOTWEAR

- Trekking boots (WORN-IN)
- Light sandals

## ✓ HEALTH

- Personal medicines
- Altitude sickness pills
- Painkillers
- Blister patches
- Repellent